

**Yaxley Group Practice**

# **NEWSLETTER**

## **Winter 2017**

# **Saturday Surgery**

Due to changes in GP services locally, mainly the new GP Hub at Boroughbury Medical Centre and the new Integrated Urgent Care Service (IUC) accessible via 111, we will no longer offer emergency appointments on a Saturday morning from December 2017. There are a number of services in place to deal with our patients' urgent care needs on weekends and **we will continue to offer pre-booked appointments at Yaxley Group Practice.**

The Rowlands Pharmacy will be open as usual to collect medication that you have already ordered. There will be no facility at Yaxley Group Practice to have a repeat prescription issued on a Saturday.

If you have forgotten to order your prescription and it is urgent you should speak with your pharmacist for advice and/or dial 111.

Repeat prescriptions can be ordered online or in writing and it takes 48 hours to process the request (*please note this does not include the time required for your chosen Pharmacy to dispense the prescription*). **Please be aware that repeat prescriptions are not processed on Saturdays, Sundays and Bank Holidays.**

Reports, letters and forms can still be collected from the Practice on Saturday for an interim period.

# Yaxley Group Practice

## Dropping off a urine sample

Please make sure you have spoken to a clinician or have a telephone call booked before leaving your sample. If you haven't your urine sample **will be discarded** and **will not be tested**.

This is because we need clinical details and not just a urine sample to be able to test the urine for the right thing.

We test urine samples for lots of things other than infections. Sometimes we do not need to test the urine due to new guidance on the management of urine infections.

If one of the clinicians has asked you to bring a urine sample in then please ensure it is **correctly labelled** otherwise the lab **will** reject it and **the sample will be disposed of untested**.

## Cambridgeshire and Peterborough NHS Foundation Trust Psychological Wellbeing Service

The Psychological and Wellbeing Service (IAPT) offers treatments across Cambridgeshire and Peterborough for those people who are experiencing common mental health problems such as Depression, Stress, Anxiety, Worry and Low self-confidence. They can also provide psychological help to those suffering with respiratory (COPD) and Cardiac long term conditions.

The psychological therapies offered are treatments approved by the National Institute for Health and Care Excellence (NICE). This means that the talking therapies that they offer are proven to be effective treatments for problems such as those mentioned above.

You can refer yourself directly via the Internet at:

[www.cpft.nhs.uk](http://www.cpft.nhs.uk)

Or

Telephone: 0300 300 0055

Lines are open from 9am to 5pm, Monday to Friday, excluding Bank Holidays.

# Yaxley Group Practice

## Travel Clinics

There is currently a national and global shortage of the Hepatitis A and B vaccine. After the 15<sup>th</sup> September we will be cancelling out Travel Clinics until normal vaccine supply resumes.

If you require this vaccine for your travel please contact one of the private travel clinics listed below to see if they have any available vaccine. (Please note charges will apply and they vary depending on provider)

\*However we do currently still have supplies of Yellow Fever, Typhoid and Rabies. If you require this vaccine then please speak to Reception to arrange an appointment\*

<b>City Doc Peterborough</b> 63-65 Mayor's Walk West Town Peterborough PE2 6EX (check)	Call 0203 733 5696 or book online at <a href="http://citydoc.org.uk">citydoc.org.uk</a>
<b>Boots</b> Queensgate Peterborough	Call 01733 312211 or online <a href="http://www.boots.com/vaccinations/travel-vaccination-health-advice-service">http://www.boots.com/vaccinations/travel-vaccination-health-advice-service</a>
<b>The Cambridge Travel Clinic</b> 41 Hills Road Cambridge CB2 1NT	Call 01223 367362
For European travel please visit website <a href="http://www.fitfortravel.nhs.uk">www.fitfortravel.nhs.uk</a> for vaccination advice.	

# **Yaxley Group Practice**

## **Dr. Stephanie Betts-Masters**

Dr. Betts-Masters went on maternity leave in mid-November and will return to YGP in late May 2018.

We would all like to wish her well for the future.

### **Locum**

We are pleased to welcome back Dr. Sheila Darroch who will be with us till mid May 2018

### **Christmas Closures**



### **We will be closed on**

Monday 25<sup>th</sup> December 2017

Tuesday 26<sup>th</sup> December 2017

Monday 1<sup>st</sup> January 2018

***Please make sure you have sufficient medication to cover the festive period***

*The Doctors and Staff wish you all a very Happy and Healthy Festive Season.*